


















RUNE	NAME	SYMBOLIC MEANING	MEANING	GOD/GODDESS	STONE	TREE
	FEHU	cattle	money	Freya	Amber	Elder
	URUZ	ox	strength	Vidar	Tiger's Eye	Oak
	THURISAZ	thorn	barriers	Thor	Agate	Blackthorn
	ANSUZ	mouth	advice	Odin	Lapis Lazuli	Ash
	RAIDHO	ride	journey	Nerthus	Turquoise	Cherry
	KENAZ	torch	inspiration/creativity	Heimdall	Flint	Pine
	GEBO	gift	giving	Gefn	Rose Quartz	Elm
	WUNJO	joy	happiness/fellowship	Baldur	Topaz	Grape Vine
	HAGALAZ	hail	hardship/disruption	Hel (Loki)	Aquamarine	Aspen
	NAUDHIZ (NAUTHIZ)	need	necessity	Norns	Obsidian	Beech
	ISA	ice	standstill	Skadi	Blue Lace Agate	Alder
	JERA	year	harvest	Sif	Moss Agate	Hazel

	EIHWAZ	yew tree	endurance	Ullr	Smokey Quartz	Yew
	PERDHRO (PERTHO)	womb	Iden influence/ the unknow	Frigg	Onyx	Rowan
	ELGAZ	elk	protection	Valkirie (Shield Maidens)	Black Tourmaline	Reed
	SOWILO	sun	success	Sol (Sunna)	Sunstone	Fir
	TIWAZ	Tyr (god)	justice	Tyr	Hematite	Linden
	BERKANO	birch tree	birth	Disir (Ancestral Mothers)	Jet	Birch
	EHWAZ	horse	cooperation	Slipnir	Sardonyx	Ivy
	MANNAZ	man	mankind/people	Mimir	Amethyst	Maple
	LAGUZ	lake	emotions	Aegir	Malachite	Willow
	INGWAZ	Ing (god)	gestation	Freyr	Ivory	Apple
	OTHALAZ	estate/home	property	Saga	Petrified Wood	Hawthorn
	DAGAZ	day	awakening/breakthrough	Oestra	Fluorite	Spruce

RUNE	NAME	EMOTIONAL ASPECT	NEGATIVE ASPECT
	FEHU	self respect	lack of self esteem
	URUZ	moral strength	uncontrolled rage
	THURISAZ	assertiveness	violence
	ANSUZ	self knowledge	compulsive liar
	RAIDHO	self control	control freak
	KENAZ	self awareness	arrogance
	GEBO	balance	unbalanced
	WUNJO	happiness	loneliness
	HAGALAZ	letting go	blaming others
	NAUDHIZ (NAUTHIZ)	recognizing needs	constrain by fear
	ISA	stability	greed
	JERA	patience	repeating negative patterns
	EIHWAZ	endurance	confusion
	PERDHRO (PERTHO)	understanding self	delusions
	ELGAZ	protection	none
	SOWILO	confidence	impulsiveness

	TIWAZ	valor	defeat
	BERKANO	wisdom	immaturity
	EHWAZ	intuition	indecisiveness
	MANNAZ	awareness	bigotry
	LAGUZ	empathy	manipulative
	INGWAZ	inner child	immaturity
	OTHALAZ	love of home	the need to wander
	DAGAZ	positive focus	impulsiveness